



Shop over-thecounter (OTC) care at no cost to you



Optum® Personal Care Benefits is an OTC benefit that gives you credits to spend on over-the-counter care. Shop toothpaste, pain relief, vitamins and more. Shop the OTC catalog, go online or in-store to maximize your benefit with even more options. As a member, it's all included with your University Hospitals Medicare Advantage Plan by PTHP.

How it works

- 1 Funds will be added to your OTC card every three months
- 2 Use it to buy approved OTC products online, by phone or in-store
- **3** Benefit allowances expire at the end of each quarter

*Activate your OTC card before you start shopping by calling 1-833-832-7306, TTY 711.

Choose from 250+ products

Questions?



Call us toll-free during AEP at **1-833-954-0483 (TTY 711)** available Monday through Friday, from 8 a.m. - 8 p.m. local time. From October 1 through March 31, customer service is available 7 days a week, from 8 a.m. - 8 p.m. local time.

Or visit www.pthp.com/uh

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English: ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-833-954-0483 (TTY 711). Español (Spanish): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-833-954-0483 (TTY 711). 繁體中文 (Chinese): 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電1-833-954-0483 (TTY 711).

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